



AT FITZALAN HIGH SCHOOL

LECKWITH ROAD, CARDIFF, CF11 8AP

STARTING SATURDAY 18TH APRIL 2026

(NEW PLAYERS CAN JOIN AT ANYTIME DURING THE YEAR (PROVIDING PLACES ARE AVAILABLE))



Tony Capaldi



Group 1	9:00am – 10:00am	Ages 4 - 6
Group 2	10:00am – 11:00am	Ages 7 - 8
Group 3	11:00am – 12:00pm	Ages 9 - 12

Dear Parents,

I am delighted to inform you that following the success of previous year's courses we are expanding the football coaching programme for the season. **The course will run on a weekly basis EVERY SATURDAY** during school term times.

All of our courses are run by **F.A. QUALIFIED COACHES INCLUDING FORMER CARDIFF CITY & INTERNATIONAL FOOTBALLER TONY CAPALDI**. All of our coaches have been DBS/CRB police checked. The course is open to **boys and girls** aged between 4 and 12. All abilities are catered for with total beginners introduced through **fun and confidence building** practices. The course is tightly structured to ensure all aspects of football skills are developed.

At the end of the term (usually 10-15 weeks) every child will receive a merit **trophy** and course **certificate**, with chances to win extra trophies including penalty shoot out, american shoot out and champions league competitions.

The cost of the course is £8 per week, which is payable every four weeks (£32) with the first payment due on week one. Parents are welcome to stay and watch however the club is fully supervised so children may be left in our care. **We have the use of excellent facilities with the course held indoors in the large sports hall.**

TO BOOK A PLACE ON TO THE COURSE PLEASE TEXT FITZALAN + CHILD'S NAME & AGE + GROUP NUMBER

and receive confirmation by text

07970 810 686

Tony Capaldi (Course Co-ordinator)